

# Recoup Entire Person Health Report

## Vitals and Lab Tests

### Sample Collection and Test Requirements



#### Samples Required

Blood & Stool



#### Prerequisite

10 - 12 hours fasting is required



#### Mode of sample collection

Home visit

### Tests included

#### Vitals (5)

- Height
- Weight
- Blood Pressure (BP)
- Heart Rate/ Pulse
- Body mass index (BMI)

#### Premium Markers (18)

- Folate (Vitamin B9)
- Apolipoprotein B
- Lp(a) Lipoprotein(a)
- Cortisol - Morning
- Fasting Insulin
- Ferritin
- Gamma-Glutamyl Transferase (GGT)
- hs-CRP
- Free Testosterone
- FSH (Follicle Stimulating Hormone)
- Estradiol 2
- e-GFR (Estimated Glomerular Filtration Rate)
- Fecal Occult Blood Test (FOBT)
- HOMA IR
- Homocysteine
- Ionized Calcium
- Vitamin B12
- Vitamin D

#### Routine Markers (36)

- Hematocrit
- Hemoglobin
- Total Cholesterol
- LDL - Cholesterol
- HDL - Cholesterol
- Triglyceride
- Fasting Blood Sugar (FBS)
- HbA1C
- CRP (C-Reactive Protein)
- Bicarbonate
- Magnesium
- Phosphorus
- Sodium
- Chloride
- Potassium
- Iron
- Blood Urea Nitrogen (BUN)
- Creatinine, Serum
- Uric Acid
- Alkaline Phosphatase
- Alanine Aminotransferase (ALT)
- Aspartate Aminotransferase (AST)
- Total Bilirubin
- Albumin
- Globulin
- Total Protein
- Thyroid Stimulating Hormone (TSH)
- Basophils
- Eosinophils
- Lymphocytes
- Monocytes
- Neutrophils
- Red Cell Distribution Width (RDW)
- White Blood Cells (WBC)
- Erythrocyte Sedimentation Rate (ESR)